

WINTER PSYCHOLOGY & CONSULTING · MINISTRY & CHURCH

Church Partnership Plans



Winter
Psychology
& Consulting

Confidential, faith-integrated psychological care for ministry staff.

Winter Psychology operates as an independent external psychological support service for churches, denominations, and Christian organisations, structurally outside denominational reporting lines, subject only to the standard legal limits that apply to every psychologist in Australia, so the support is for the person, not the institution. The tiers below are organised by **size**, and every partnership is scoped to your context in an initial conversation. Each can be billed **per session** or as an **annual retainer** (which adds guaranteed and priority bookings, a lower per-session cost, and discounted further sessions). Retainer terms, including the minimum term and how the reduced session rate applies, are set out in the written agreement provided before any partnership begins. Figures shown are examples to give a sense of scale; each tier is adapted to your church.

TIER 1

LOCAL CHURCH

Pastoral Wellbeing Plan

For a local church with one to two ministry staff.

- ✓ Primary minister and spouse covered
- ✓ Individual sessions (e.g. up to ~8 per person / year, adapted to your church)
- ✓ Access to Pastoral Narrative Disclosure (PND)
- ✓ Priority scheduling
- ✓ Leadership consultation for the senior pastor, as needed
- ✓ Billed per session or as a single annual retainer

TIER 2

LARGER CHURCH / NETWORK

Ministry Team Plan

For a larger church or church network with several ministry staff.

- ✓ All employed ministry staff and spouses covered
- ✓ Individual sessions (e.g. up to ~8 per person / year, adapted to your church)
- ✓ PND and Building Spiritual Strength (BSS) access
- ✓ Returning mission worker re-entry support
- ✓ Organisational consultation, scoped to need
- ✓ Topics include moral injury prevention, pastoral wellbeing frameworks, and supporting staff through difficult congregational events
- ✓ Per-head pricing, billed per session or annually

TIER 3

DENOMINATION / NETWORK / SENDING ORG

Denominational Partnership

*For denominations, networks, and sending organisations.
Custom-scoped to a defined cohort of leaders.*

- ✓ Custom cohort size, scoped on a call (e.g. from ~10 leaders)
- ✓ Individual sessions for all cohort members
- ✓ Returning overseas mission worker re-entry support
- ✓ Leadership consultation for the denominational executive
- ✓ PD workshops for the wider pastor network
- ✓ Recovery support for institutional betrayal and spiritual trauma
- ✓ Preferred provider status for minister referrals
- ✓ Per-head pricing with volume discount, billed per session or annually (terms set out in the written agreement)

HOW IT WORKS

Getting started

STEP 1

Initial Conversation

A confidential conversation to understand your context and what you are hoping to achieve. No obligation.

STEP 2

Scope and Pathway

We identify the right tier and any bespoke needs, confirm the terms, and set up access for your leaders.

STEP 3

Leaders Access Support

Each covered minister contacts Jesse directly and independently. Booking is via the practice. The church is billed separately, per session or annually, as agreed.

ALWAYS

Fully Confidential

Winter Psychology & Consulting do not provide written reports or share in-session details unless otherwise arranged with the full consent of the client. Aggregate, non-identifiable utilisation data can be provided on request to facilitate board-approved support.

To enquire about a partnership, contact admin@winterpsychology.com.au or visit winterpsychology.com.au/church-partnership-enquiry

Winter Psychology & Consulting | Telehealth across Australia | Independent of all denominational structures