

Referrer Information

For GPs, psychiatrists, and allied health colleagues. Telehealth psychology across Australia.



Who to refer to

Referrals can be addressed to the practice generally. We triage internally and match the patient to the appropriate clinician.

Jaya Winter

CLINICAL PSYCHOLOGIST

Endorsed clinical psychologist and Board-Approved Supervisor, with experience across hospital, community, Out-of-Home Care, and family settings.

REFER FOR

- ✓ Family therapy and complex family systems
- ✓ Complex and treatment-resistant presentations
- ✓ Trauma histories and personality pathology
- ✓ Eating and body image
- ✓ Children, adolescents, and their families

Medicare: rebates available with a Mental Health Treatment Plan.

Jesse Winter

PROVISIONAL PSYCHOLOGIST

A provisional psychologist practising under the supervision of an external Board-approved supervisor. Holds a Bachelor of Theology alongside his psychology training; 2024 Emergency Services Foundation Scholarship recipient.

REFER FOR

- ✓ Moral injury assessment and treatment
- ✓ Emergency services and first responders
- ✓ Christian clients wanting faith-integrated care
- ✓ Ministers, pastoral workers, and ministry spouses
- ✓ Anxiety, depression, and adjustment

Medicare: sessions with Jesse, as a provisional psychologist, do not attract a rebate.

How to refer

STEP 1

Prepare the referral

A referral letter and, where a rebate is sought, a Mental Health Treatment Plan. Address it to the practice, or to a named clinician if you have a preference.

STEP 2

Send it to the practice

Email to admin@winterpsychology.com.au, or have your patient bring their referral details to booking. We aim to respond promptly and will confirm the allocated clinician.

STEP 3

Patient books online

Your patient books directly at winterpsychology.com.au and selects "Initial Consultation" for a first appointment.

Medicare & delivery

Medicare rebates

The rebate follows **Jaya Winter** only, under a Mental Health Treatment Plan. If a rebate is essential for your patient, note that on the referral and we will allocate accordingly.

Jaya Winter, Clinical Psychologist

Medicare provider number: [TO BE SUPPLIED]

AHPRA registration: [TO BE SUPPLIED]

Telehealth only

All sessions are by secure video; there are no in-person appointments at any location. Patients can be seen anywhere in Australia. May not suit patients who need in-person assessment or lack a private space and reliable connection.

Not sure who fits?

Contact the practice to discuss a referral before sending it. We are a private practice, not a crisis service — patients in immediate distress should contact Lifeline on 13 11 14 or their nearest emergency department.

Referrals and enquiries: admin@winterpsychology.com.au | winterpsychology.com.au

Winter Psychology & Consulting | Telehealth across Australia | This sheet is general information for referrers and not a substitute for individual clinical advice.